







Sincerity | Righteousness | Contemplation | Practice

Every Student a STAR

Every Teacher a MENTOR

Every Staff Member a MODEL

About Our School

關於我們

Law Ting Pong Secondary School was founded by Law's Foundation Limited in 1991. Our founder, Mr. Law Ting Pong, always believed in the concept of "education to rejuvenate the country", aiming to improve the quality of education to benefit both society and country. The school has been committed to enhancing the moral integrity of its students and realizing their learning potential. Hence, the school motto was based on the values of Sincerity, Righteousness, Contemplation and Practice.

When the Education Bureau implemented its mother-tongue teaching policy in 1998, this school was approved to use English as the medium of instruction (EMI). Apart from Chinese Language, Chinese History, Chinese Literature, other subjects are conducted with English as the medium of instruction.

In 2003, the school expanded with the addition of a new wing to upgrade its teaching facilities and learning environment for a more diverse curriculum for the students. In order to further pursue its educational ideals, LTPSS started operating in the Direct Subsidy Scheme (DSS) mode from the academic year 2008/09. In 2016, the school became a sister school with Law Ting Pong Secondary School, Shunde.

羅氏信託有限公司於 1991 年創辦了羅定邦中學,創辦人羅定邦先生一直堅信「教育興國」的理念,期望提升教育質素以惠及社會和國家。學校以「誠、正、思、行」為校訓,一直致力於提升學生品德操守,發揮學生學習潛能。

教育局於 1998 年實施母語教學政策, 但本校獲准以英語作為授課語言。除中 國語文、中國歷史及中國文學外,其他 科目均以英語為教學語言。

學校於 2003 年擴建新翼以提升教學設施及完善學習環境,為學生提供更多元化課程。為了更長遠發展,學校由 2008/09 學年轉為直資辦學。於 2016 年,本校與順德羅定邦中學締結為姊妹學校,兩地羅中結盟成為一時佳話。



Our Future Outlook 我們的願景

LTPSS seeks to create a learning environment where students and teachers work together in harmonious cooperation to enhance teaching and learning effectiveness. The school's emphasis on holistic education is realized through a comprehensive curriculum that equips our students with skills that will allow them to succeed anywhere in the world. Such skills entail teaching students to think critically, to solve problems, to present ideas to others in clear and logical language, to be able to access knowledge and information quickly, easily and skillfully, and to work with others in a caring, empathetic and equitable environment that they themselves construct through sensitive awareness of the needs of others.

The school recognizes its mission to teach students to look beyond their horizons and have a global outlook so that they have a choice in life: a choice that will enable them to apply their skills and knowledge wherever they go.

羅定邦中學一直致力營造師生融洽共進、 教學相長的學習環境,並藉着全人培育, 裝備學生迎接全球化的挑戰。本校盼望 培養學生具備良好的批判思維,能清晰 地表達所思所想,且具有解難能力;能 有效率地自主學習、緊貼時代資訊、友 愛共融,及展現同理心,一同締造平等、 關愛的學習環境。

本校以拓展學生的國際視野及加強全球 化意識為己任,讓學生能把所學所得, 放諸四海,通行無礙。



Our Professional Team 我們的專業隊伍

Our teachers are professionally qualified in their teaching disciplines with exposure to the latest curriculum and teaching methodology. At LTPSS, student-centred and inquiry-based pedagogies supplemented with interactive tools are adopted to enhance students' engagement and higher order thinking skills. Small group teaching and flexible grouping are also implemented to cater for students' diverse needs. On top of these, a variety of extended learning opportunities are provided for students to bolster their learning capability through co-curricular activities and self-directed learning.

We have teachers coming from overseas with English being their mother tongue. They work together with our local teachers to cultivate an English-rich cross-cultural environment for our students to learn and to use English naturally.

本校教師皆具備任教科目的專業學歷,並熟悉最新的課程和教學方法。教師團隊都是充滿熱誠的教育工作者,專注投入培養學生成為自主學習者。羅中的課程採取以學生為中心及探究式的教學法,並輔以互動教學工具,達致提升學生的參與度和高階思維能力。我們利用小組教學及靈活分組的課堂模式,滿足學生多樣化學習需求。此外,我們通過聯課活動和自主學習,提供學生拓展學習能力的機會。

本校有多位來自海外以英語為母語的教師,與本地老師一起,為學生營造一個豐富的英語及文化兼容的氛圍,讓他們自發地學習及應用英語。







STAR Nurturing 培育明星

LTPSS has always upheld the school vision "Every Student a STAR" to nurture our students to learn, to love, to serve, and to shine in the world.

In this six-year journey, our students are engaged in essential life-long learning experiences in and out of the classroom for their whole-person development and the nurture of character. Facing the challenges in this ever-changing world, we have placed special emphasis on the inculcation of four qualities of **S-T-A-R**, namely **S**elf-management, **T**eachable spirit, **A**spiration and **R**esilience. Through assemblies, class teacher periods and life education lessons, students are encouraged to develop and practise these qualities.

In junior forms, students are guided to manage their studies through fostering good learning habits, effective study skills and time management skills. They learn to cultivate a teachable spirit, being ready to learn from one another, and be in relentless pursuit of excellence.

For senior form students, we aim to build their aspirations and commitment to make contributions in their community and society by offering leadership in numerous student organisations and programmes. On top of these, the school will implement a series of career and life planning experiential learning activities to guide our students to find their life goals and live meaningful lives. Students will be challenged to expand their mindset, explore their strengths and reflect on what motivates them and inspires them.

Furthermore, students across all forms are pushed to reach beyond their comfort level in different aspects of their school life to build their resilience. In our inclusive school environment, our students are mentored and groomed to become shining STARs.

羅中抱持「每位學生都是閃爍明星 (STAR)」的學校願景,培養學生學會學習、熱愛生命、服務社群,綻放耀眼光芒。

在六年的校園生活中,學生透過終身學習經歷,達致全人發展和品格成長。面對這個日新月異的世界所帶來的挑戰,我們致力培養明星 S-T-A-R 特質,即具備自我管理能力 (Self-management)、受教的心 (Teachable spirit)、有志向抱負 (Aspiration),以及迎難而上的韌力 (Resilience)。學生透過早會、週會、班主任課和生命教育課來學習及實踐這四種特質。

在初中,通過培養良好的學習習慣、有效的學習技能和時間管理技巧,來引導學生管理學習;並培養他們受教的精神,樂於互相學習,以及堅持不懈地追求卓越。

對於高年級學生,通過參與不同的學生組織和擔任領導角色,培養他們日後貢獻社會。除此之外,本校通過一系列人生規劃和升學及就業輔導活動,協助學生探索前路、開拓思維、擴闊視野、確立目標,長遠規劃將來。

在我校多元化的學校環境中,學生得到指導和栽培,學會面對各種挑戰,增強抗逆力,從而成為閃亮的明星 STAR。



Diversified Curificulum for Nurturing STAR Learners 培育STAR學習者的多元課程



We make every effort to provide a broad, diversified curriculum that equips students for the future. Students' knowledge and skills development is interwoven with the pursuit of S-T-A-R qualities throughout the curriculum implementation process. In the school's nurturing environment, students enjoy learning, own their learning and develop their lifelong learning capabilities.

我們致力提供廣泛、多元化的課程,為學生的未來做好準備。學生的知識和技能發展,與 S-T-A-R 特質的追求環環扣連。在學校的培育環境中,學生享受學習、樂於學習,並能自主學習。

Junior Curriculum - Building a Solid Foundation and Inspiring Interest 初中課程 — 奠定穩固基礎,激發學習興趣

English Language 英國語文

At LTPSS, language learning is central to students' campus life and English is the medium of instruction across subjects. Our school-based English curriculum is enriched with language arts elements including novels, plays, poetry and short stories which nurture students' creativity and imagination. In English lessons, students are motivated to think critically and express their thoughts and opinions through a wealth of listening, speaking,

reading and writing activities. Outside the classroom, students engage themselves in a wide array of language programmes including English debating, public speaking, radio broadcasting, writing workshops with world authors and overseas study tours.

在羅中,學習語言為學生校園生活的核心。我們的校本英語課程融入語言藝術元素,包括小說、戲劇、詩歌和短故事,培養學生的創造力和想像力。在英語課堂,老師透過聽、講、讀、寫活動,讓學生多角度思考和表達自己的觀點。在教室外, 學生們參與各式各樣的英語活動,包括辯論、演說、廣播、世界作家的寫作工作坊和海外考察團等。

Spanish 西班牙語

The Spanish language is offered at very few local schools in Hong Kong. LTPSS is delighted and proud to have offered our junior form students the opportunity of studying Spanish since 2009. For senior forms, we further include Spanish as an elective subject. Students will take the official "Diploma of Spanish as Foreign Language" (DELE), which is a worldwide recognized qualification and useful for overseas university admissions.



香港甚少本地學校提供西班牙語教學,而羅中自 2009 年以來,已為初中生提供了學習西班牙語的機會, 我們為此感到高興和自豪。西班牙語也是高中的一個選修科目,學生會參加 DELE 考試(西班牙語作為 外語文憑),考獲全球公認的外語文憑資格,有利於報讀海外大學。

在羅中,西班牙文化不但與課程結合,還沉浸於校園活動中。西班牙周是每年的大型嘉年華活動,所有師生通過拉丁音樂、舞蹈工作坊、烹飪課和更多令人驚喜的活動,親身感受西班牙文化的豐富與多姿,讓每人都有真實的體驗。



Tailored Chinese Curriculum

華語調適課程

While learning most subjects in English, we also recognize the significance of Chinese by ensuring that all our students, including non-Chinese speaking (NCS) students, develop their Chinese language skills. Besides the regular Chinese curriculum, we have tailor-made curricula for both Chinese Language and Chinese History for NCS students to prepare them to take the IGCSE Chinese examination.



以英語學習各科的同時,我們的學生都明白學習中文的重要。本校除提供正規的中國語文課程,也為非華語學生設計中國語文和中國歷史的調適課程,為他們參加 IGCSE 中國語文考試作好準備。

Performing Arts 表演藝術

All S1 to S2 students have enjoyed taking part in Performing Arts lessons. In S3 to S5, they can select to continue their studies in this subject. Performing Arts offers students a unique, dynamic experience of practising the specialist knowledge involved in the staging of a drama production, while at the same time expanding their creative thinking, problem solving skills and team collaboration, which are the core skills needed for students to flourish in the 21st century. As classes are conducted in English, students are given ample opportunities to apply and improve their English skills.

所有中一、中二的學生都享受上表演藝術課。而中三至中五學生,可以選擇繼續修讀這學科。這課程為學生提供了獨特和互動的體驗,學生學習舞台製作的同時,也發展創意思維、解難技巧及團隊協作精神,這都是二十一世紀學生需要的技能。由於課堂是以英語進行,學生也有更多機會運用和提升英語能力。

Humanities Subjects

人文學科

We know it is important for our students to know our history, our world, our people and our culture. Thereby, a full range of Humanities subjects are covered in the curriculum, comprising Chinese History, History, Geography and Life and Society, through which students' understanding of the country is deepened and a stronger sense of national identity is developed. Furthermore, we can cultivate our students' ethical values and responsibilities as well as their creativity and critical thinking skills so that they will become shining global citizens.

我們明白讓學生了解自身的歷史、世界、民族和文化的重要性。因此,我們的課程涵蓋了全面的人文學 科課程,包括中國歷史、歷史、地理、生活與社會。藉著修讀這些科目,學生能加深對國家的了解,培 養更強的國民身份的認同。我們還可以培育學生的道德價值和責任,提昇他們的創意和多角度思維,使 他們成為閃亮的世界公民。



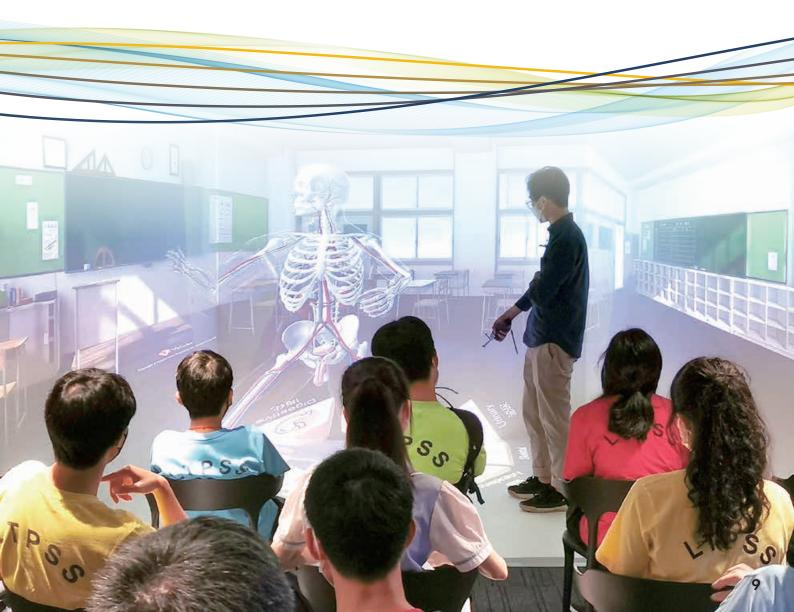
Senior Curriculum – Shaping Students' Academic and Career Aspirations 高中課程 — 塑造學生的學業和事業抱負

LTPSS adopts the Hong Kong Diploma of Secondary Education Curriculum. In addition to the 4 core subjects (Chinese Language, English Language, Mathematics and Citizenship and Social Development), students can choose 2 to 3 electives from a wide range of subjects encompassing 15 elective subjects, applied learning courses and other language courses.

To provide students with more diversified learning and enlightening experiences, four school-based components are incorporated into the senior form curriculum, namely IELTS, Music, Applied Learning Course on Multimedia Storytelling and Enhancement Programme. Specifically designed for those taking 2 electives, the Enhancement Programme comprises different courses, which serve to bolster students' mastery of core subjects or continue their skills, interest and talent development in Performing Arts, Art and Creativity or Putonghua. In the years to come, we expect more career inspiring courses to be added to help students explore their aspirations and potential.

羅中採用香港中學教育文憑課程。除了4個核心科目(中國語文、英國語文、數學和公民及社會發展科)外,學生可以從15個選修課、應用學習課程及其他語言課程,選擇2至3個選修科。

本校近年為學生提供更多元化的學習和具 啟發性的經歷,高中課程加入了四個校 項目,包括雅思國際英語、音樂、應用學 習課程「多媒體故事」、以及增潤課程是專為修讀兩個選修科的學生而設 費生可從中加強對核心科目的掌握, 要生可從中加強對核心科目的掌握, 或發 展他們於表演藝術、藝術與創意、 前技能、興趣及才華。我們亦計劃未來 增加更多與事業體驗相關的課程,以進 步啟發學生的抱負和潛能,裝備未來。



Development of the Four Key Tasks 四個關鍵項目的發展

- Moral and Civic Education: MCE is integrated into life education lessons, class teacher periods, and weekly and morning assemblies.
- Reading to Learn: daily morning reading, DEAR (Drop Everything And Read) time in English lessons, regular library activities and annual book week are central to student learning, fostering students to read across the curriculum.
- Project Learning: A multi-disciplinary STEM project is undertaken in junior forms to enhance students' integrative use of knowledge and skills in solving daily life problems.
- Information Technology for Interactive Learning: The junior ICT curriculum is kept up to date and targeted at developing students' information literacy. Various e-learning resources and tools are extensively used in learning and teaching to enhance teaching effectiveness and students' self-directed learning.



- 德育及公民教育:本校將德育與公民教育融入生活教育課、班主任課、週會和早會。
- 從閱讀中學習:每日晨讀、英語課閱讀時段、定期圖書館活動及年度圖書周是學生學習的重要部分,促進學生跨學科閱讀。
- 專題研習:於初中進行 STEM 跨學科專題研習,以提高學生綜合運用知識和技能去解難。
- 運用資訊科技:初中資訊及通訊科技課程不斷更新,培育學生的資訊科技素養。電子學習資源和工具被廣 泛應用於學與教中,以提高教學效率和學生自主學習能力。





STEM for ALL 全民 STEM

Cultivating STEM literacy is a cross-disciplinary endeavour in our school, incorporating Science, Information and Communication Technology, Design and Technology and Mathematics. Lessons of these subjects are connected to real life and conducted using hands-on and minds-on teaching pedagogies, which challenge students to integrate and apply knowledge and skills of different subject disciplines in doing project work. Students' inquisitive and innovative minds as well as scientific inquiry and problem-solving skills are thereby developed. Those interested are encouraged to stretch their potential through participation in various school-based STEM programmes, external competitions, and gifted education programmes offered by the Hong Kong Academy for Gifted Education and tertiary institutions.

By building on these strengths, LTPSS has recently launched a multi-disciplinary STEM project on climate change in junior forms, which involves the adoption of a whole-school approach to this burning world issue with a comprehensive plan on reduction of energy consumption through actions like installing solar panels and implementing campus greening initiatives. Furthermore, the cultural significance and science behind the 24 Solar Terms, which is one of the world's intangible cultural heritages, are well merged into the project, bringing the study of Chinese culture, science, technology and humanities together.

培養 STEM 素養是本校一項跨學科的重點工作,涵蓋科目包括科學、資訊及通訊科技、設計與科技和數學。這些科目是要學生動腦和動手,與現實生活相結合,學生在做專題研習時,須整合並應用不同學科的知識和技能。在學習過程中,學生的好奇心、創新思能以及科學探究和解決問題的技能得以發展。我們鼓勵有興趣的學生通過參與各類校本 STEM 活動、校外比賽、以及香港資優教育學院或大專院校提供的資優教育課程,擴闊視野,發揮潛能。

羅中在初中開展了一個關注全球氣候變化的 跨學科 STEM 專案計劃,研究如何解決這世 界性問題,並通過在校安裝太陽能電池板和 實施一系列校園節能行動等,制定一個減少 能源消耗的教育計劃。此外,被納入世界非 物質文化遺產之一的「二十四節氣」也融入 於專案,學生在當中可學習到二十四節氣的 文化意義和涉及的科學應用。這樣,我們就 將中國文化、科學、科技和人文科學的研習 連結起來。



Blissful School Life Nurturing Student Leaders 经完成量学言學注意抽

We offer a myriad of house-based or student-led school functions and extra-curricular activities, focusing on students' intellectual, physical, aesthetic, development, leadership and community service training. We aim at providing a platform for students to fully stretch their talents and develop into future leaders.

Besides, our student leader groups, namely Students' Association, Youthnity, Houses, have demonstrated outstanding leadership qualities. Youthnity is one of the many vivid examples of our students' endeavours. Every year, the group strives to raise students' and the community's awareness of a theme through in-house activities and collaboration with other secondary schools in Hong Kong. We were amazed at their independence, capability and teamwork!

Our students are the learning experience designers!

我們全年提供多項社際或學生主導的學校大型活動及課外活動。透過各項活動,我們期望能有效提升學生的智能、體育、藝術,領導才能及社會服務的發展。我們相信,讓學生一展所長,發揮領導才能,定必能成為未來領袖。

本校的學生團體,包括學生會、青聯團 Youthnity和四社,這些都充份表現學生傑出的 領導才能。Youthnity是我們眾多優秀學生隊伍 之一。每年,學生們會集中精力於一個社會議 題,有系統地籌辦一系列的校內或聯校研究和 論壇活動,希望能提高所有同學及社區對相關 議題的認知。當中他們展現的獨立、能力和團 隊協作精神,令我們感到欣喜。

我們的學生都可以成為學習體驗設計師!

Life Planning Education 生涯規劃教育

A series of experiential learning programmes aimed at life planning and careers are organized to help students identify and develop their interests and abilities, as well as to find their aspirations for further studies and careers. Activities include seminars on life planning, visits to enterprises and tertiary institutions, mock interviews and individual counselling services.

本校舉辦一系列生涯規劃的體驗式學習活動,幫助學生了解及發展個人興趣和能力,探索升學和就業的路向。活動包括生涯規劃研討會、參觀企業及大專院校、模擬面試和個人輔導服務等。







Sports for Unity 運動顯齊心

Sports has a central place in our school life, including exciting annual sports days and swimming gala. Our school's popular sports teams include badminton, volleyball, football, basketball and indoor rowing team. Our students are full of sports talent and they will develop their sports skills fully at LTPSS.

體育在學校生活中佔有重要地位,最激勵人心的 正是一年一度的陸運會和水運會了。本校備受歡 迎的運動隊伍包括羽毛球,排球,足球,籃球及 室內划艇隊。我們的學生充滿了運動天賦,並在 羅定邦中學發展多元的運動技能。



Musical Talents Shine 音樂展光芒

The school is dedicated to nurturing talent in music. Songs and instrumental music echo in the school campus as students of different forms enjoy their weekly music lessons and after-school musical practices. Students showcase their abilities in numerous school performances throughout the year, culminating in the Hong Kong School Music Festival, our school musical and graduation ceremony.

本校致力於培養音樂才華。樂曲響遍校園,學生都享受每周音樂課堂和課後音樂練習。同學們參與校際音樂節、年度學校音樂會、音樂劇及畢業典禮,展現他們的音樂才藝。



Words of Appreciation from Our Parents 家長欣賞之言



轉眼間 ,小女已升上高中了。 這幾年間疫情下,學校由暫時停課轉為網上授課,由網上授課轉為半日面授課,到今個學年初能夠全日面授課,事實上學校做了不少的安排,同時也面對很多挑戰。作為家長,我衷心感謝校長和學校老師團隊能發揮著春風化雨的精神,不辭勞苦,無懼困難,克服挑戰,也要為同學打造最好的學習環境,用最有效的方法,讓同學能愉快學習,好好的裝備自己,迎接將來的挑戰。其中,我很欣賞學校在去年的星期六,增設了中、英、數的增潤班,確實令同學在學科上大有進步。上年中四更開始增設了"IELTS" 課堂,進一步幫助同學達到不同的升學目標。

王雪璒女士 家教會主席

過去一年,高興見到學校的努力,透過補課及增潤課的安排,彌補學生課時上的不足,令他們跟上學習進度。高中又引入IELTS課程,有助提升學生的英語能力。學校在硬件上亦不斷優化,環境及設施都有所改善。感謝校方付出的努力!



鄭思佩女士 家教會副主席



疫情令課程進度落後,幸得老師在暑假付出寶貴的時間和心力為學生補課,追 趕學習進度。在此感謝各位老師對學生的愛護,言傳身教,讓他們受益終身。

> 陳錦珠女士 家教會執委

女兒剛升上中一,在老師的協助下,很快便融入新環境,認識了很多新同學,並享受羅中的校園生活。學校於八月舉辦的中一迎新周,能幫助新生認識及適應中學生活,增加對學校的歸屬感。



周美芳女士家教會執委



疫情下,校園生活難免有所影響,但每次看見校長和老師們因應實際情況而「變陣」, 為學生安排各項的措施,重拾良好的學習時光,我深深感受到他們付出的努力和支援!

> 盧月蓮女士 家教會執委

這個學年,學校除了有聖約翰救傷隊、香港少年領袖團及香港航空青年團外,還增添了女童軍。感謝學校為學生提供多元發展的機會,希望全日復課後,學生可回復姿彩的校園生活。



蘇燕萍女士 中三及中五家長

Messages of Gratitude from Our Alumni 畢業生感恩之言



During my valuable years at LTPSS, I was provided with many opportunities to explore and develop myself. The school experience has allowed me to become not only more knowledgeable but even more capable in different areas. Having a wide variety of learning experiences has facilitated my chance of succeeding in applying for the School Nominations Direct Admission Scheme (SNDAS). One of my fondest memories is the study trip to Singapore and we gained something precious that cannot be taught in a classroom setting. I really appreciate all the co-curricular activities the school has arranged for us in junior form.

Those experiences have helped me to develop into my ideal self and a well-rounded person. I am grateful for the opportunity to spend my youth in such an aiding environment.

Wong Lok Ki

2022 Alumni (CUHK Science broad-based Program Year 1 Undergraduate, admitted via SNDAS 學校推薦直接取錄計劃)

As a graduate of LTPSS, I thank my alma mater for offering me so many opportunities which went beyond my imagination. From academic knowledge, social skills, emotional support, career guidance to how I should pursue my career pathway, dedicated teachers play key roles in giving me golden advice and support. When I was confused about anything, all I had to do was ask my teachers for advice. I still remember during my last summer holiday, I wanted to study more about Chemistry and my Chemistry teacher nominated me to enroll in a Chemistry programme organized by a local university. I want to thank my teachers for sacrificing their holiday to help me out with difficult academic questions. Six years of secondary education at LTPSS is fruitful and memorable indeed.



Sin Sui Lam

2022 Alumni (CUHK Enrichment Mathematics Year 1 Undergraduate)



作為羅中學生的時光使我難以忘懷。母校豐富多彩的活動令同學間的情 誼更深厚,我還偶爾憶起與好友參加遊學團的片段。留下的不僅是青春 的回憶,還有對世界更廣闊的認知。

對我而言,師生相處亦師亦友。他們不只循循善誘,認真教授書本知識,還會如朋友般給予支持,並與我們暢談。我很感恩在遇到挫折時得 老師的關心,助我跨越難關,教我學會不屈不撓的精神。

陳媛婷

2022 畢業生 (香港中文大學藝術系一年級本科生)

Self-management
Teachable spirit
Aspiration
Resilience

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